

## **Paediatric First Aid**

Every year in the UK thousands of people die or are seriously injured in accidents. Many of these deaths could be prevented if first aid is given before the emergency services arrive.

#### **Course Overview**

This two-day paediatric first aid course focuses on emergency scenarios that face those looking after young children and infants, including day nurseries, private nursery schools, pre-schools, before and after school clubs for children in the early year's age group, child minders and carers of children at home.

The course teaches skills for responding to accidents and how to recognise and treat certain medical conditions in babies and children.

This course is recognised by Ofsted for the Early Years Foundation Stage Framework.

#### **Course Syllabus**

- Role of the First-Aider
- Equipment
- Recording incidents and actions
- Importance of basic hygiene
- Acting safely, promptly, and effectively in an emergency
- Unconsciousness
- Seizures
- CPR
- Wounds and bleeding
- Shock
- Choking
- Burns and scalds
- Anaphylactic shock
- Minor Injuries including cuts, grazes, bumps and bruises
- Head and spinal injuries
- Asthma attack

Course type options:





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# frequently asked questions...

#### The Course

**Course Delivery** This course is available either as a tailored or open course

**Accreditation** None

Course Length 2 days

**Start / Finish Times** Typically 8.30 – 16.30 or to suit

Maximum Group Size 12

Tailored to Specific Requirements Yes. Please provide specific information at the booking stage

Course Material Handouts are provided on the day

### Certification

**Is there an Assessment?** Continual practical assessment and multiple-choice paper

**Are certificates issued?** Yes

**Valid for?** 3 years however annual refresher training is recommended

When / how are they available? Available for download from the NUK website upon completion

## The Delegates

**Prior Knowledge / Prerequisites**Basic command of English. Physically fit in order to undertake the

practical elements of the course

Needs to bring along Everything is provided on the day

#### The Venue

**Course Location** At a venue of your choice or a Now u Know training centre

**Venue Requirements** Please inform us of any mobility concerns

Non-NUK Venues Must have adequate, seating, lighting, welfare and 240v socket for

Tailored Courses

**Refreshment at NUK Venues** Available on request

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