

Paediatric First Aid

Every year in the UK thousands of people die or are seriously injured in accidents. Many of these deaths could be prevented if first aid is given before the emergency services arrive.

Course Overview

This two-day paediatric first aid course focuses on emergency scenarios that face those looking after young children and infants, including day nurseries, private nursery schools, pre-schools, before and after school clubs for children in the early year's age group, child minders and carers of children at home.

The course teaches skills for responding to accidents and how to recognise and treat certain medical conditions in babies and children.

This course is recognised by Ofsted for the Early Years Foundation Stage Framework.

Course Syllabus

- Role of the First-Aider
- Equipment
- Recording incidents and actions
- Importance of basic hygiene
- Acting safely, promptly, and effectively in an emergency
- Unconsciousness
- Seizures
- CPR
- Wounds and bleeding
- Shock
- Choking
- Burns and scalds
- Anaphylactic shock
- Minor Injuries including cuts, grazes, bumps and bruises
- Head and spinal injuries
- Asthma attack





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frequently asked questions...

The Course

Start / Finish Times	Typically 8.30 – 16.30 or to suit
Start / Finish Times Maximum Group Size	Typically 8.30 – 16.30 or to suit 12
Tailored to Specific Requirements	Yes. Please provide specific information at the booking stage
Course Material	Handouts are provided on the day
Certification	

Is there an Assessment?	Continual practical assessment and multiple-choice paper
Are certificates issued?	Yes
Valid for?	3 years however annual refresher training is recommended
When / how are they available?	Available for download from the NUK website upon completion

The Delegates

Prior Knowledge / Prerequisites	Basic command of English. Physically fit in order to undertake the practical elements of the course
Needs to bring along	Everything is provided on the day

The Venue

Course Location	At a venue of your choice or a Now u Know training centre
Venue Requirements	Please inform us of any mobility concerns
Non-NUK Venues	Must have adequate, seating, lighting, welfare and 240v socket for Tailored Courses
Refreshment at NUK Venues	Available on request

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Course Information For further information contact us on 01782 346300

