

Working is confined spaces in inherently dangerous with 40-50 people being killed in the UK each year. Any persons working in confined spaces should be suitably trained

Course Overview

This course is designed for individuals who are required to access or work within substantially enclosed (confined spaces) environments in order for them to undertake their works safely and in line with current best practice.

The course is undertaken in a state of the art facility designed to replicate a range of confined spaces

Course Syllabus

The course is delivered by industry experts in line with the approved code of practice L101 – 'Safe Working in Confined Spaces' and covers the following:

- Legislation and guidance
- Confined space definitions and classifications
- Preventing the need of entry
- Atmospheric hazards
- Principles and use of gas detectors
- Permit to work systems
- Top man and bottom man roles and responsibilities
- Communication
- Inspection, donning and use of harnesses
- Use and inspection of tripods, winches and fall arrest equipment
- A range of practical exercises
- Emergency escape
- Use of emergency breathing apparatus

Course delivery options:







frequently asked questions...

The Course

Course Delivery This course is available either as a Tailored or Open Course

Accreditation N/A

Course Length 1 day

Start / Finish Times 08.30-16.30

Maximum Group Size 10

Tailored to Specific Requirements Yes - Please provide specific information at the booking stage

Course Material Hand Outs are provided on the day

Certification

Are certificates issued? Yes

Valid for? 3 years

Is there an Assessment? Yes – Practical and theoretical assessment

When / how are they available? Available for download 2 working days after the course

The Delegates

Prior Knowledge / Prerequisites Must be physically fit

Needs to bring along Safety footwear, gloves, hard hat and hi-viz vest

The Venue

Course Location NUK venues only

Venue Requirements N/A

Non-NUK Venues N/A

Refreshment at NUK Venues Tea, Coffee, Water and Biscuits are available

